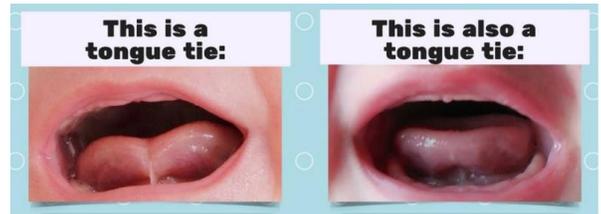


CONSEQUENCES OF UNTREATED TONGUE TIE

FOR INFANTS/MOTHERS

- ✓ Impact on milk supply
- ✓ Severe pain with latch or inability to latch
- ✓ Failure of baby to thrive
- ✓ Sleep deprivation
- ✓ Nipple pain, damage, bleeding or blanching
- ✓ Mastitis, nipple thrash, blocked ducts
- ✓ Difficulty sucking a bottle or pacifier
- ✓ Reflux, colic, gas, bloating
- ✓ Termination of breastfeeding
- ✓ Problems with introducing solids
- ✓ Poor bonding between baby and mother
- ✓ Depression or a sense of failure



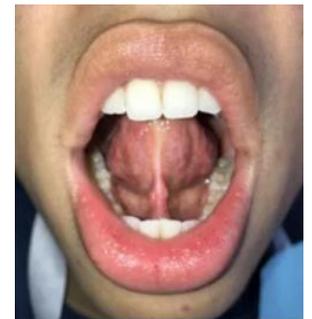
FOR CHILDREN

- ✓ Inability to chew age appropriate solid foods
- ✓ Gagging, choking or vomiting foods
- ✓ Persisting food fads
- ✓ Difficulties with dental hygiene and increased dental problems
- ✓ Persistence of dribbling and drooling
- ✓ Delayed development of speech
- ✓ Deterioration in speech
- ✓ Behavior problems
- ✓ Sleep disordered breathing
- ✓ Loss of self confidence because they feel and sound "different"
- ✓ Strong incorrect habits of compensation being acquired



FOR ADULTS

- ✓ Inability to open the mouth widely affects speech and eating habits
- ✓ Difficulty talking even after moderate amounts of alcohol
- ✓ Clicking jaws/Pain in jaw
- ✓ Migraines and tension headaches
- ✓ Protrusion of lower jaws, inferior prognathism
- ✓ Multiple negative effects in work situations
- ✓ Negative effects in social situations, dining out, kissing, relationships
- ✓ Poor dental health, inflamed gums and increased need for fillings and extractions
- ✓ Sensitivity about personal appearance
- ✓ Emotional factors resulting in rising levels of stress, anxiety and depression
- ✓ Sleep disordered breathing
- ✓ Difficulty keeping a denture in place



ORAL HYGIENE AND DENTAL HEALTH, GROWTH AND DEVELOPMENT

- ✓ Poor swallowing and a risk of anterior open bite
- ✓ Mouth breathing and a propensity to allergies
- ✓ Open mouthed posture associated with an imbalance in skeletal structure
- ✓ Restricted dental arch development and facial development
- ✓ Recurrent orthodontic issues